

2024 | 2025

LEADING THE WAY TO STABILITY



A LOOK AHEAD IN 2025 *Dr. Larry Kwan, CEO*

Dear Friend,

I was recently caring for guests during our clinic 'drop-in' hours at 150 Golden Gate reflecting on the meaning of our work these last 75 years. Starting with Father Alfred Boeddeker in 1950, the organization has been provided a variety of supports ranging from

- our flagship **Dining Room**, serving 400 meals on Day One, and today serving over 2,000 meals daily, 365 days a year
- to our Men's residence established in 1951, now our **Father Alfred Recovery Program**, needed now more than ever as evidenced by providing over 54,000 bed nights to over 600 guests in recovery since 2020
- to our **Medical Clinic** established in 1956, which in the last two years alone has cared for 5,000 patients in 25,000 visits
- to our thrift shop established in 1960, now our **Free Clothing Program**, which has provided 14,000 individuals and 5,000 families with gently used clothing in just the last five years.

As I cared for the guests in our clinic with Sister Eva, a spiritual care provider partnering with me on this day as part of a 'co-visit' model, integrating spiritual care in a traditional primary care model, I asked myself:

How do all these activities connect? What are the roots of our calling? What will we be doing 75 years from now?

My clinic day was particularly busy, with guests without insurance and access to other clinics dropping in for various unexpected, urgent issues. One guest told us about his inability to sleep for the last 5 days. In response, I asked all my clinical questions about his 'sleep hygiene', his bedtime, pre-sleep screen time, and stressors. He said he needed a 'solution' to his sleep problem, possibly a medication.

As the interview progressed, he became increasingly anxious. He stood up in the middle of the interview, eyes moist. Sister Eva lovingly embraced him and he collapsed in her arms, his story flowing from him. He described an alcoholic father who abused his mother, and a son he and his wife had recently lost. The presence of a spiritual care guide in our traditional clinical setting broke down walls and enabled us to understand and serve him more deeply.

Arthur Kleinman, a Harvard psychiatrist and anthropologist, describes in his book, *The Soul of Care*, that caring is "about sharing and witnessing the lived experience of pain and suffering." In the last 2 years as Chief Medical Officer and now as CEO, I have learned that it takes a team's different backgrounds, expertise, and life experiences to build the trust required to provide the depth of care our guests need, care that serves the whole person - an individual created by God.

Our call to care is rooted in an 800-year mission starting from St. Francis and lepers in Assisi. In the last 75 years, St. Anthony Foundation has been blessed to bring this mission to the Tenderloin in San Francisco, starting with a simple meal and love.

Today, we are caring for our guests with dining services, free clothing, showers, primary care, addiction care, behavioral health services, tech lab access, and work force development. Where will we be 75 years from now?

It's unclear where the journey takes us, but the complexity of needs in modern society still boils down to care. The need to care for others will never end. We care so that our guests can begin their healing journey. And in the caring, we, the caregivers, are blessed.

That is where St. Anthony's will be in 75 years - accompanying our guests in their pain and suffering, with dignity and respect as we have always done. Come join us in this Anniversary Year, and be blessed.

Best and blessings,

A handwritten signature in black ink that reads "Lawrence Kwan". The signature is written in a cursive, flowing style.

Larry Kwan, M.D., Chief Executive Officer



A LOOK BACK AT 2024

A LOOK BACK, 2024

We continue to be grateful that your support allows us to do more with less as prices continue to rise for essentials. Your support of our mission of creating a society where all persons can flourish, combined with our founding Franciscan values, sustains us and enables us to make real transformative change for our neighbors experiencing homelessness, substance use disorder, and behavioral health challenges. We look forward to our continued partnership, as together we explore new ways to care for the whole person and flourish in 2025.

“Caregiving is ... “the existential activity through which we most fully realize our humanity.”

Arthur Kleinman, MD

The Soul of Care: The Moral Education of a Husband and a Doctor

- The Dining Room served **2,015** meals daily, over **737,501** meals in 2024 (+20% increase in total meals)
- **191,210+** pieces of free new and gently-used clothing were distributed to **7,518** adults & children (+10% increase)
- **124** resident guests spent **15,619** nights at Father Alfred Recovery Center (+127% increase in recovery graduates)
- **1,429** Laundry users washed and dried **8,718** loads (+7% increase)
- More than **90** former guests with lived experience make up **33%** of St. Anthony's staff
- **2,600+** individuals and families, many undocumented and housing challenged, received quality care and preventative services through **11,570** Medical Clinic visits (+13% increase in guests)
- **9,772** Resource Center visits by **2,193** guests helped them access essential services (+30% increase)
- **1,771** Hygiene Hub shower guests took **10,194** total showers (+6% increase)

OUR MISSION

In the spirit of the Gospel, inspired by the joy and compassion of Francis and Clare of Assisi, in solidarity with all who hunger and thirst for justice and peace, and together with those we serve, our mission is to feed, heal, shelter, clothe, lift the spirits of those in need, and create a society in which all persons flourish.

CONTINUE YOUR SUPPORT IN 2025 - OUR 75th ANNIVERSARY!
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St. Anthony's Medical Clinic established Drop-In Hours in 2024, growing to five half-days in 2025 to support physical, behavioral, and spiritual care for over 2,600 guests. Staff additions include a psychiatrist as our new CMO, a CPMC Child Psychologist, and a UCSF Addiction Medicine Fellow.



St. Anthony's Dining Room is busy every afternoon with post-lunch activities, but never busier than during weekly Thursday afternoon Farmer's Market, with fresh meat and produce, and canned goods for low-income seniors, provided in partnership with SF Marin Food Bank. Over 8,300 total bags of food were handed out in 2024.



During 2024, community life was much busier on the Golden Gate Greenway for our youngest neighbors at Wu Yee Children's Center, who enjoyed Green Thumb Tuesdays, helping to care for the planters that line the 100 block of Golden Gate Avenue, the cleanest, greenest, and safest block in the Tenderloin.